



Boone County 4-H Youth Development Newsletter **JULY**

Cooperative Extension Service
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2024

Agent's Message

June was a busy month for our 4-H Youth! We finished off May with a week at 4-H Camp where we had 322 campers and 91 junior and adult counselors. It was a successful week and hope everyone had fun!



Celebrating their 100th year, the annual 4-H Teen Conference occurred on June 11-14. We brought four Boone County teens, where they learned leadership skills, spent a week in the dorms at the University of Kentucky and experienced personal classes in a core area of their choice.



The Boone County Fair took place from June 24-29. Various youth exhibited their 4-H projects and had fun at various events. Pictures to come from the fair.



Here's to a good July.

Rusty Wolf and Cathy Fellows

2024 Boone County Fair

When do I get my 4-H projects back?

All items, except those selected to go to the State Fair, should have been picked up in Cloverville located in the Lutes Floral Hall on Sunday, June 30, from 2:00-4:00 pm. Projects not picked up will be taken to the Extension Office and held until **August 30**; they will be discarded after that date.



When will I get my State Fair items back?

State Fair projects should be available for pick up at the Extension Office on Tuesday, August 27. Office hours are from 8:00 am-4:30 pm, Monday through Friday. Items will be held until **September 30**. After that date, they will be discarded.

How do I collect my prize premiums?

Prizes receiving first, second, or third place are awarded money. If you earned prize money and did not pick up your check on Sunday, June 30, at the Lents Building/Fair office, checks may be collected at the Extension Office.

Checks are only valid for 90 days so please be sure to pick them up before **September 16, 2024**.



To all the volunteers and helpers who gave up their time to help with the 2024 fair, we want to express our deepest gratitude. Your dedication, compassion, and hard work do not go unnoticed. Whether you're helping with the shows, serving drinks in the 4-H drink booth, helping with animals/exhibits, or simply offering a listening ear to the 4-H members, your efforts are truly invaluable.

LIVESTOCK NEWS



State Fair:

State Fair entry deadline: July 10th
Midnight on KY state fair website.

Sale of Champions:

- Thank you notes from Sale of Champion participants are due July 12th by 4:30pm.



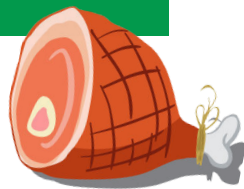
- Buyer's plaques will be available for pickup in August.

Livestock Judging:

Monday June 3rd our 4-H Judging team competed at the Morehead, Junior Livestock Expo! We had lots of individuals who placed, the Junior team received Blue 1st, and the senior team received 1st place. Congratulations Teams!



COUNTRY HAM NEWS



Important dates:

Tuesday, August 13th: 5pm

State Fair Ham Wash
Boone County Ham House

Thursday, August 15th: All Day

State Fair Ham Contest
Kentucky State Fair



HORSE NEWS

Important dates:

August 5th - 10th:

State Fair 4-H Horse Show
Kentucky State Fair

Horse Sense Club:



All ages (including cloverbuds) are welcome to join us. It is not necessary to own a horse. We will have a horse-related education topic and craft.

We will be meeting at the Boone County Extension Office

- Tuesday July 2nd 6-7pm
- Tuesday August 6th 6-7pm

Summer Pop-Up Class:

To Register for classes please
call the office at
859-586-6101
or
visit our website
www.boone.ca.uky.edu

BABY SITTING 101

Tuesday, July 23rd: 9am - 3pm

- Bring a sack lunch
- Bring a baby-doll if you have one
- Open to kids ages 11 and older
- Boone County Extension Office

MEMO BOARD

Friday, July 26th: 10-12am or 1-3pm

- Bring 1 yard of fabric & a spool of coordinating ribbon
- Boone County Extension Office

AREOSPACE CAMP

July 22nd, 25th, & 26th: 10am - 2pm

- Must attend all three days.
- Please reference registration page for location details.





Teen Club:

Thursday, July 10th: 6:30 - 8pm

- Open to middle and high school aged youth. Learn about 4-H, make new friends, serve the community, and more!
- Boone County Enrichment Center

Hops & Flops Rabbit Club:

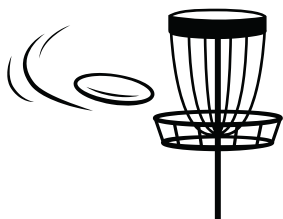
Monday, July 1st: 5:30 - 7pm

- End of the year club celebration
- Boone County Extension Office

Disc Golf Club:

Thursday, July 10th: 5 - 7:00pm

- Great for players of all levels
- For kids 9-18 years old
- Boone County Nature Center



Floral Design Club:

Wednesday, July 17th: 6 - 7:30pm

- Learn how to arrange flowers, new plant materials, and how to grow your own cut flower garden
- Boone County Nature Center

Wildlife Critters Club:

Tuesday, July 30th: 5 - 6:30pm

- Let's learn and explore the great outdoors! We will be mixing it up with some hiking, learning about different animals, and some nature related games/ activities.
- Location is dependent on the weather. (an email will be sent prior to class with location)

To Register for classes please
call the office at
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Sharp Shooters Club:

Sharpshooters had 11 individuals compete on June 1st at the Bracken County Invitational. We want to congratulate the following compound bare-bow archers for their individual awards.

- Sebastian Locklear:
 - 1st place age 9-11
- Blake Hicks and Hadley Gilliland:
 - tie for second place age 9-11
- Lucas Newport:
 - third place age 12-14

We also had 4 individuals take first place team award for compound barebow age 9-11 consisting of:

- Sebastian Locklear
- Blake Hicks
- Hadley Gilliland
- Ivy Bundy

Way to go everyone. We are proud of all our archers!



Sharpshooters open enrollment happens once a year from September 1st through October 1st. There is a limited number of new member spots which are filled on a first come first serve basis.

Bows, arrows, firearms, and ammunition are provided. The cost per child to join for 2025 season is:

- archery only: \$25
- firearms only: \$25
- all disciplines: \$30

Email Debra Feitl at bc4hsharpshooter@gmail.com to receive an online application, sign up for the open house, or if you have any questions.

Open house will be Thursday, September 26th from 5:30-7. Pop in at anytime to meet and greet coaches + club members and try your hand at archery.

Summer Time



1. Parrot
2. Watermelon
3. Whale
4. Bird
5. Palm
6. Airplane
7. Sunscreen
8. Cocktail
9. Skydiving
10. Sun

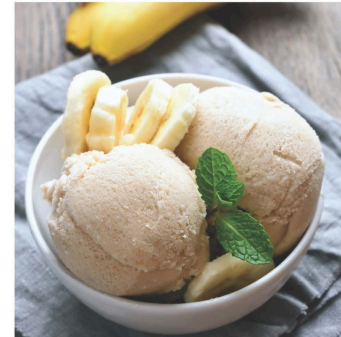
Banana "Ice Cream"

Servings: 4 Serving Size: 1 scoop (1/4 cup)



Ingredients:

- 2 bananas, sliced and frozen
- 2 tablespoons milk
- Toppings (optional)



Directions:

1. Peel and slice bananas, place in freezer bag and freeze overnight.
2. Blend banana pieces and milk in blender until smooth and creamy. (Turn blender off and shake or stir periodically if pieces aren't blending). It might take a few minutes for it to become the consistency of soft serve ice cream.
3. Enjoy!

Notes

You can mix in a handful of sliced strawberries, a tablespoon of peanut butter, or a teaspoon of coconut flakes for a different flavor.

Source: University of Kentucky Cooperative Extension

Service: Nutrition Education Program: Eat

Smart to Play Hard: Chop Chop Summer 2019

Nutrition Facts Per Serving (banana ice cream only); 60 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 0mg sodium; 14g carbohydrate; 2g fiber; 8g sugar; 0g added sugar; 1g protein; 0% Daily Value of calcium; 0% Daily Value of iron; 4% Daily Value of potassium.

IF YOU HAVE ANY QUESTIONS, CALL THE EXTENSION OFFICE AT 859-586-6101.

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BOONE COUNTY 4-H YOUTH DEVELOPMENT EDUCATION AGENTS

